On Being Unemployed

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In the paragraph that follows, we learn of the many effects that unemployment can have on a person's life. The writer makes us see—and feel with her—that unemployment is a traumatic experience. Nelliejean Smith has proven, however, that she can cope with it, for she wrote this paragraph as a student at Cuyahoga Community College.

Words to Know

bureaucracy an administrative section of government that is often impersonal and inflexible, red tape evoke to summon or call forth, to elicit

Getting Started

In what ways do the effects of unemployment reach deeper than an empty bank account?

Being unemployed creates many problems for my family and me. First of all, there are financial problems. We have cut back on the quality of groceries we purchase. We now buy two pounds of hamburger in place of two pounds of sirloin. This hamburger is also divided into quantities sufficient for three meals: one may be creole beef, one chili, and the other spaghetti. There is also less money for clothing. Dresses must be altered and made into blouses; pants make nice skirts after some alteration. I have two more very sticky problems. I've fallen behind in the rental payments for our apartment, and now I am experiencing difficulties trying to pay the back rent. The other sticky problem is my son's tuition payments. There does not seem to be any way that I can send a complete payment to his college. These are not the only problems I face. I also have psychological problems as a result of unemployment. Often I wonder why this has happened to me. Then depression and confusion take over, and I feel drained of all my abilities. The one question that fills my mind most often is the following: Why can't I get employment? This question evokes in me a lack of self-confidence and self-worth. I am haunted by an overall feeling of uselessness. My other problems center on trying to cope with the bureaucracy of the Employment Bureau. Once I get to the Employment Bureau, I stand in line to sign up. I then wait in another line to which I must report. Once I go through all of this, I am sent out for job interviews, only to find that the employer wants someone with more experience. To top everything off, I had to wait almost six months to receive my first unemployment check. As you can see, there is often a frustratingly long delay in receiving benefits. My family and I have suffered through many problems because of my unemployment.